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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev Reference
Aloe vera	Leaf	1	5	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Bertholletia excelsa	Seed	--	--	Rotenberg, B. and lachan, A. 1975. Study on the Protein of Brazil Nuts from Para. Inf. Int., 8(7): 22-24.
Ricinus communis	Seed	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Triticum aestivum	Seed	30000	50000	--
Zingiber officinale	Rhizome	4984	45924	--
Zingiber officinale	Root	4984	45924	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.